



Muslim 5 Pillars Puzzle Guide

Introduction:

The Five Pillars of Islam are the foundation of a Muslim's faith and practice. They are five essential acts of worship and the framework of a Muslim's life. This guide will help you explain each pillar to your children in a simple and engaging way, using the puzzle as a fun learning tool.



Shahadah (Declaration of Faith)

- Shahadah is the belief and statement that "There is no god but Allah, and Muhammad is His messenger"
- It is the most important belief in Islam
- Prophet Muhammad (pbuh) received his first revelation from Angel Jibreel
- **Activity:** Ask your child to repeat the Shahadah after you and explain that Muslims around the world say this statement as a sign of their faith



Salah (Prayer)

- Salah means praying to Allah. Muslims pray five times a day to show love and devotion to Him
- These prayers take place at specific times throughout the day
- **Activity:** Show your child the different prayer times on a clock and pretend to do the actions of prayer together



Zakat (Charity)

- Zakat means giving to those in need. Muslims share a portion of their wealth with the poor to help them
- It teaches kindness, generosity, and caring for others
- **Activity:** Ask your child to collect some toys or clothes that they no longer need and explain that you will give them to someone who can use them.



Sawm (Fasting)

- Sawm means fasting during the month of Ramadan. Muslims do not eat or drink from sunrise to sunset to practice patience and to understand the struggles of those who are less fortunate
- **Activity:** Try skipping a snack together and talk about how it feels to be hungry. Explain that fasting helps Muslims understand and help those who do not have enough to eat



Hajj (Pilgrimage)

- Hajj is a special journey to the holy city of Mecca
- Muslims who are able to afford it go on this pilgrimage at least once in their lifetime to worship and feel closer to Allah
- **Activity:** Introduce the concept of Hajj in a playful, hands-on way. Materials needed: a Kaaba box (a small black box or tissue box wrapped in black paper with golden tape), a small cloth or white scarf, toy figurines, stickers or stamps to celebrate completed steps, colored sensory items (e.g. cotton balls for Arafat, small pebbles for Jamrat, water for Zamzam, etc.), and a printed or drawn path with key Hajj Steps